



# Autism Research

Temple Grandin Equine Center at Colorado State University's Denver SPUR campus is conducting a research study to learn about the benefits of occupational therapy in a clinic and in an equine setting for autistic youth. We are looking for participants who meet the following criteria:



**6-11 years of age**



**Autism Spectrum Disorder Diagnosis**



**Experiences Irritability**



**Verbally Fluent**



1 Year Study



10 Weeks Free Occupational Therapy



Clinic or Equine Setting



Saliva Samples



Online Surveys



Up to \$45 Amazon Gift Card Compensation

## Interested?

Call: (970) 829-8686 | Email: [OT.Horse.Study@gmail.com](mailto:OT.Horse.Study@gmail.com).

# Occupational Therapy Research for Autistic Youth



TEMPLE GRANDIN  
EQUINE CENTER  
COLORADO STATE UNIVERSITY

Colorado State University's Temple Grandin Equine Center is conducting a research study on occupational therapy integrating horses for autistic youth. Participants will receive 10 weeks of occupational therapy in either a clinic or equine setting for free.

## Who is eligible to participate?

We are hoping to recruit 64 autistic youth who meet the following criteria:

- 1 6-11 years of age
- 2 Diagnosed with autism spectrum disorder by a community provider
- 3 Experiences Irritability
- 4 Verbally Fluent
- 5 Nonverbal IQ $\geq$ 65
- 6 Can tolerate a helmet, and willingly mount and ride a horse for 10 minutes with help from a therapist
- 7 Able to provide a saliva sample by holding a foam rod in mouth for 1 minute
- 8 Have not ridden horses for more than 10 hours in the past 6 months
- 9 Weigh less than 200 pounds
- 10 Not currently receiving occupational therapy
- 11 Does not smoke or regularly use steroids
- 12 Does not have a history of animal abuse or phobia of horses

## What will I be asked to do?

1. **Screening Process:** To determine if your child is eligible for the study, you will be asked to participate in a screening process that consists of:



2. **Study Participation:** If your child is deemed eligible for the study and you decide to participate, you and your child will be asked to participate in the following activities



## Is there any compensation for participation?

We are offering up to \$45 compensation in Amazon gift cards to the parent/legal guardian for participation.

What will I do?	Compensation
Complete 3-Month Waitlist Questionnaires Online	\$15
Complete Week 10 Questionnaires	\$15
Complete 6-Month Follow-up Questionnaires Online	\$15
<b>TOTAL</b>	<b>Up to \$45</b>

## How do I get more information?

If you are interested in participating, please call **970-829-8686** or email [ot.horse.study@gmail.com](mailto:ot.horse.study@gmail.com)